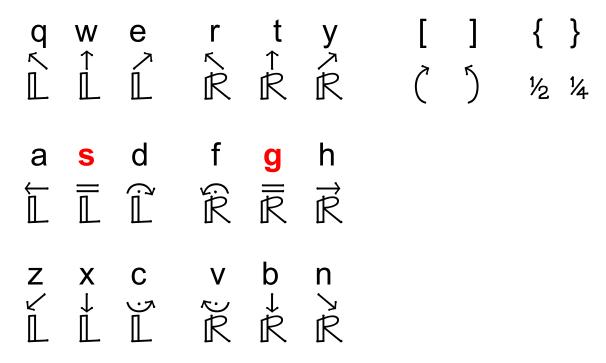
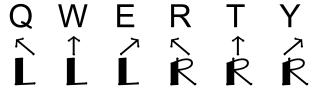
Powers Notation System - Keyboard Correlations

S is the center of the left foot matrix. **G** is the center for the right foot. Above S on the keyboard is **W**, so that's left foot stepping forward. **X** (below S) is therefore back left. Play with the 8 radial directions away from the center step. The **S** and **G** keys themselves are closed steps.



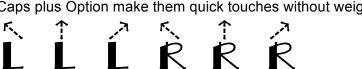
Caps make them quick steps

Option makes them touch without weight.





Caps plus Option make them quick touches without weight.



One exception: /